Sprint 1 Report

**Actions to stop doing:**

Our team discussed that we should stop with long periods with no communication and allocate for low priority tasks. During our first sprint communicating between each other to get projects done and updating the github with the completed code was a struggle. We also need to be contributing more to the team as we were not steadily on track to meet our sprint goals and instead one team member had to step up and contribute to most of the sprint plan. Team members were also not showing up to scrum meetings, the TA meeting, and the presentation. We will hold better accountability for all teammates in this regard.

**Actions to start doing:**

We are going to have scrum meetings more often so we can fix our communication issues. Making progress is essential and these check-ins make it so we can stay accountable for our progress. We will also force more teammates to contribute to the project more in the next sprints. Lots of outside influences barred our teammates from working on their tasks. Each team member will take a step next sprint to hold themselves more accountable for their sprints.

**Actions to keep doing:**

Since the sprint was not the most productive one, and there are alot of things to improve on, there was not a lot to keep doing. We did invoke good agile methods with scrum meetings, but since progress was very volatile during the sprint, it should not be assessed as a good way to organize other sprints.

**User Stories Completed:**

High Priority User Story 1.1 [13 points]: As a fitness enthusiast, I want to see a basic virtual body map so that I can get familiar with navigating my workout visually.

Medium Priority User Story 1.2 [5 points]: As a user, I want to hover over muscles on the body map to see their names for educational purposes.

18 points worth of user stories were completed this sprint. 27 ideal working hours were spent on the sprint. That is 0.154 User Stories per day, 2.08 working hours per day.

